

**Checklist to Schedule Procedures for Dr Solsberg**

- Coumadin or Blood Thinners? Need to be off this for 5 days (if ok with the referring doctor) or INR less than 1.5: 1
- Bring Prior Films of area for spine injections. No films needed for joint injections
- High dose Aspirin or ASA containing products: Need to be off for 5 days: Low dose 81 mg or “baby aspirin a day” is fine and does not need to be stopped
- No dental cleanings or dental work for 5 days because of increased risk of infection
- No antibiotics for 5 days prior
- Reschedule elective procedures if the patients is sick
- Patients need to bring a Driver if sedation used.
- Ask about allergies